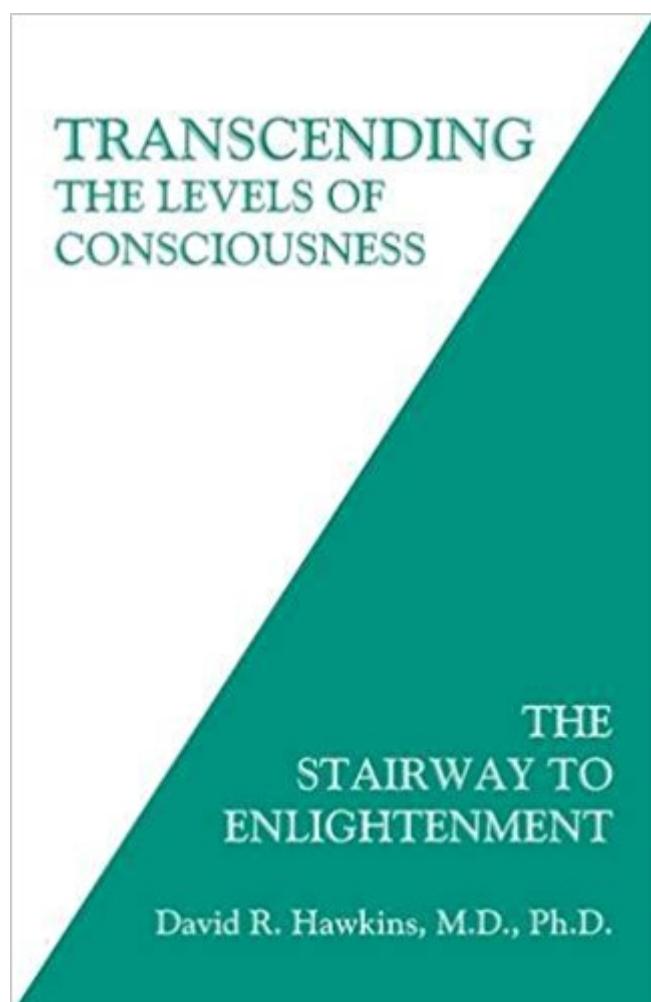


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# Transcending The Levels Of Consciousness: The Stairway To Enlightenment



## **Synopsis**

Â Â Â The now widely known Map of calibrated levels of Consciousness was presented in Power vs. Force in 1995 and has been translated into all the worldâ™s major languages. This was followed by The Eye of the I (2001), I: Reality and Subjectivity (2003), and Truth vs. Falsehood (2005), which explored the levels of Truth reflected throughout society. Â Â Â Transcending the Levels of Consciousness returns to the exploration of the egoâ™s expressions and inherent limitations and gives detailed explanations and instructions on how to transcend them. Â Â Â As with the reading of Dr. Hawkinsâ™ previous books, the readerâ™s level of consciousness is advanced as a consequence of exposure to the information itself. This opens up avenues to the relief of suffering for oneself and others, which fulfills the purpose of the work and the intention to facilitate the readerâ™s own Enlightenment.

## **Book Information**

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## **Customer Reviews**

Over the past couple years I have read all of Dr. Hawkins' books since Power vs. Force and was fortunate enough to attend one of his seminars. During the time I've been contemplating this material, my life has changed so much for the better I can't even begin to describe it. Suffice it to say that previously HOPELESS situations in my life and the lives of my loved ones have completely turned around. Dr Hawkins' latest book "Transcending the Levels of Consciousness" is his clearest book yet describing the ego we were all born with and how to transcend it. The Map of the Scale of Consciousness is both simple and profound. I've studied psychology and religion for years (I'm 44) and have not found a better paradigm for the human condition. The fact that you are reading this

review means you are probably on a path of spiritual growth. Read this book! It will save you years of heartache and misunderstandings regarding the nature of the ego, divinity, and how to let go of the positionalities that hang like clouds between you and the pure light of unconditional love and enlightenment. Thank you Dr. Hawkins for your dedication to the liberation of the human spirit from the bondage of adversity and limitation that besets mankind from both within and without. Gloria in Excelsis Deo!

I've been a fan of David Hawkins work since I was introduced to it in 2004. I've read the first 3 books of what is now referred to as his trilogy (Power vs. Force, Eye of the I and I), and now this book. This is the most accessible of his writings, in terms of structure and nomenclature for people seeking to understand levels of consciousness. So if you haven't read a David Hawkins book before, this is a good place to start. Long-term fans of his work may miss the scholarly and more advanced tone of Eye of the I or I, but this book provides a better "how to" look at advancing your level of consciousness, and the blocks and positionalities that define each level to be transcended for the spiritual seeker on the way to enlightenment. And fans of his Map of Consciousness will be pleased to find numerous other charts that diagram ideas and perspectives that provide insight into his writing. David Hawkins writing continues to be a unique contribution to the needs of spiritual seekers.

Transcending the Levels of Consciousness is the prolific author's latest book of Jan. 2006. I fully agree with the first two reviewers. It has been described as a practical manual... yes but it's much more, covering a lot of territory. As it is focused on consciousness studies and personal growth, it will (happily) not be a source of controversy. Here Dr. Hawkins expands his insights, analogies and descriptions even more in this very useful companion to the previous books, yet it can stand alone... a wealth of information. Each chapter begins with an overview putting all in context. Seventeen aspects of consciousness are described, and even brain function research. And 29 tables are provided, including some Q&A, many more tips for students and also updated info about the muscle testing technique in Appendix C. Again Dr. Hawkins explains the unexplainable with his marvelous vocabulary, always very at home with the abstract & subjective experience, providing delightful and mind boggling concepts of creation, matter, space and time. Inspiring and user friendly.

I was so inspired by this book that it was imperative that I write a review (my first ever). I believe that

another reviewer mentioned that "if you are reading this, then you are likely on a spiritual path" or something to that effect, so that is my assumption... I read Power vs. Force some time ago and really enjoyed it. As a typical aspirant, you want to read more and more to satisfy your hunger for improvement on the path. This book is a real treasure and has answered MANY questions that were in my mind on how to progress on the path and calmed many of my ego spiritual fantasies about everything from becoming monastic to creating a spiritual council etc. etc. The real joy of this book is in its simplicity and calming affect. I've had it for < 2 weeks and have read it twice. Dr. Hawkins as a spiritual teacher is a true gift from God for our times and this book is a real jewel. Gloria in Excelsis Deo!

This book, along with his prior three publications, is a must for those who are genuinely interested in freedom and the art of awakening living. Transcending the Levels of Consciousness offers the readers an in-depth understanding of the arising of the ego in the classic style of Dr. Hawkins. It is clear from this book that Dr. Hawkins is urging identification of the obstacles to enlightenment so that they can be transcended, just as Eckhart Tolle advises in The Power of Now and Mick Quinn in Power and Grace. As the Dalai Lama said: Change only takes place through action. Frankly speaking not through prayer or meditation, but through action. This new book is all about the action of transcending the ego and how to do that!! The world is finally awakening to ions of conditioning (the ego) and this new book blazes a trail to guide the courageous to end all unnecessary suffering in this lifetime. My star rating is 5! It was mistakenly entered at 2.

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